



*An intern working in the garden at Ecology Action's
GROW BIOINTENSIVE Research Mini-Farm*

What is GROW BIOINTENSIVE®?

The GROW BIOINTENSIVE method developed by Ecology Action uses small-scale, organic, non-mechanized food-raising techniques to create a way of life that is both abundant and sustainable. It is successfully being used in 141 countries around the world.

When using the GROW BIOINTENSIVE method correctly, farmers and gardeners have the potential to:

- Use **67% to 88%** less water.
- Buy **50% to 100%** less fertilizer than standard organic or conventional methods.
- Expend **94%-99%** less energy than conventional agriculture, while using a fraction of the resources.
- Increase yields by **200-600%**.
- Build soil up to **60 times** faster than in nature, and increase soil fertility by **100% or more**.
- Reduce the amount of land under cultivation by **50%** or more, increasing the wild land available to support biodiversity and ecosystem stability.
- Sequester **significant amounts of carbon** in the soil to help alleviate global warming.
- Create a **healthy, sustainable mini-ecosystem** that can grow delicious food and provide a modest income almost indefinitely!

About Ecology Action:

Ecology Action is a 501(c)(3) non-profit organization. Since 1971, our mission has been to research and develop sustainable, small-scale, highly productive biointensive food growing techniques and teach them to students, farmers, gardeners, researchers, teachers and policy makers around the world.

In addition to working with GROW BIOINTENSIVE practitioners in 141 countries around the world and collaborating with independent U.S. and international regional centers, Ecology Action has also provided assistance and taught classes at university programs including Stanford University, the University of California-Davis, and the University of Arizona. The GROW BIOINTENSIVE method is being used around the world to develop urban and rural community projects, serving as models for individuals, organizations, communities and regions to establish sustainable GROW BIOINTENSIVE mini-farms.

For more information about our work, to apply to our internship program, see a calendar of events, attend a workshop or tour, or to order publications, please visit us on the web at:

www.growbiointensive.org



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ECOLOGY ACTION

INTERNSHIPS IN SUSTAINABLE FARMING



Grow Hope. Grow Possibility. Grow Opportunity.

GROWBIOINTENSIVE.ORG

Come Learn with Us!



Building GROW BIOINTENSIVE Garden Beds

As an Ecology Action intern, you develop a set of skills that last a lifetime and help to create a more abundant, sustainable way of living; we'll teach you how to increase garden yields, reduce energy and resource inputs and grow healthy, fertile soil year after year.

About the Program

Ecology Action's internship program presents a unique opportunity for enthusiastic people interested in creating a sustainable future. The program combines applied scientific research, sustainable agriculture and simple living philosophies to develop mini-farming solutions that can be used by farmers and gardeners around the world.

The focus of the program is the study of the GROW BIOINTENSIVE Sustainable Mini-Farming Method. Interns learn the history and philosophy behind the method, and work in Ecology Action's research mini-farms to learn how to build soil fertility, increase productivity and conserve resources, and to teach others to do so.

6 and 12 month internships are available, as well as extended 3 year apprenticeships. Participants live and work on-location, at one of Ecology Action's three research garden sites in rural northern California. This is a fee-based, unpaid internship, and potential applicants should note that the program involves hard work and very rustic living conditions; however, interns will find that the long-term benefits they harvest are of great value.

Financial aid may be available for applicants who demonstrate the need for aid as well as a significant ability to use the skills they gain through an internship to benefit their communities and the planet.

Ecology Action interns are more than students; through this program they become part of the global network of farmers, gardeners, researchers, teachers and policy makers that make up the Ecology Action team. Our interns come from many different countries and cultures, and are determined to work hard to create a better, more sustainable future, starting today.

Getting Started

You can find all the information you need about our internship program online at:

www.growbiointensive.org/about_trainings.html

- For an in-depth description of the internship program, please download and read our *Internship Information Booklet* at:

www.growbiointensive.org/PDF/InternBooklet.pdf

- Send us your application! Fill out our Internship Interest Form online at:

www.growbiointensive.org/InternshipInterestForm.html

- If you're not quite ready for an internship but want a solid introduction to the GROW BIOINTENSIVE method, sign up for one of our workshops. You can find our calendar of events online at:

www.growbiointensive.org/events.html



The Ecology Action Research Mini-Farm

"I've learned more in the first 4 weeks of my internship with Ecology Action than I learned in 6 years at the university."

- an Ecology Action intern from Latin America, 2010

www.growbiointensive.org

*We teach a **whole system**, and as a result, interns learn more than just how to farm—they learn how to create truly sustainable solutions to serious global agricultural and environmental challenges.*